

North Arlington Education Association Hosts Back to School Wellness Fair

The teachers, secretaries and custodians of the North Arlington Education Association (NAEA) hosted their inaugural Back to School Health and Wellness Fair on Friday afternoon, September 18th, at North Arlington High School. The event, which was open to the community, included participation by many local organizations and specialists who were on hand to provide information on all things well-being, including nutrition, exercise and senior care. In addition, volunteers from North Arlington Public Library presented stories and literature that promoted proper nutrition. Lyndhurst ShopRite's dietician was on hand to educate parents and students on healthy snack and lunch box options. ShopRite also donated a variety of healthy snacks for the event. A representative from King's Court was available to explain the gym's services and classes. The NAEA is proud to support both the educational and healthy well-being of the North Arlington community.

